PRESENTING WITH POWER

FEAR OF PUBLIC SPEAKING

ALSO KNOWN AS GLOSSOPHOBIA

74% OF PEOPLE SUFFER FROM SPEECH ANXIETY

IN A RECENT SURVEY OF 2000 PEOPLE

70% WERE UNABLE TO RECALL THE KEY MESSAGES OF PRESENTATIONS THEY HAD JUST VIEWED

UNABLE TO EXPLAIN THE PURPOSE AND MOTIVATION BEHIND THEIR OWN PRESENTATIONS

SIX MUST HAVE PRESENTATION SKILLS

1. Plan
2. Practice Makes Perfect
3. Keep it simple
4. Speeches are about stories
5. Project your voice
6. Have fun

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